

Christ Church College Kanpur

Games and Sports Policy

Introduction:

Christ Church College, Kanpur recognizes the importance of physical fitness, sportsmanship, and the holistic development of its students. In line with this commitment, the college has established a comprehensive Games and Sports policy to encourage active participation, provide opportunities for skill development, and promote a culture of sports excellence within the institution.

Objective:

The primary objective of the Games and Sports policy at Christ Church College Kanpur is to:

- 1. Promote physical well-being and a healthy lifestyle among students.
- 2. Foster a spirit of sportsmanship, teamwork, and fair play.
- 3. Identify and nurture sporting talent.
- 4. Provide opportunities for students to represent the college at various levels.
- 5. Participate in a wide range of sports and games, including but not limited to Football, Cricket, Basketball, Tennis, Table Tennis, Kho Kho, Weight Lifting, and Best Physique.
- 6. Encourage regular practice and training sessions to enhance performance.

Policy Guidelines:

- 1. **Participation:** All students are encouraged to participate in games and sports activities according to their interests and abilities.
- 2. Infrastructure: The college is committed to maintaining high-quality sports infrastructure, including well-equipped playgrounds and sports facilities.
- 3. **Training:** Specialized coaching and training are provided for selected sports, and experienced coaches are employed to enhance the skills of athletes and teams.
- 4. Inter-College Competitions: The college will participate in inter-college competitions, including but not limited to Annual Athletics, to excel and promote the name and fame of the college.
- 5. Sportsmanship: All participants are expected to adhere to high standards of sportsmanship, integrity, and fair play.

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- 6. **Tournaments:** Exceptional athletes and teams may be selected to represent the college in various tournaments, both regionally and nationally.
- 7. **Health and Safety:** The college is committed to the safety and well-being of its students, and necessary precautions and medical facilities will be provided during sporting events.
- 8. Scholarships and Incentives: Meritorious athletes may be eligible for scholarships and incentives to encourage their dedication to sports.

Implementation:

The Games and Sports policy will be implemented by the Physical Education Department of the college. A Sports and Games Committee will be responsible for coordinating and overseeing all sports-related activities within the college.

Review:

This policy document will be reviewed periodically to ensure its relevance and effectiveness in promoting sports and games at Christ Church College Kanpur.

Conclusion:

Christ Church College Kanpur is dedicated to creating an environment where sports and games play an integral role in the development of our students. We aim to inspire a love for sports, instill discipline, and foster excellence, both on and off the field, to produce well-rounded individuals who contribute positively to society.

Coordinator

Internal Quality Assurance Cell Christ Church College, Kanpur

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